



# EPISODE 7: Pilgrimage

“Pilgrimage helps to reignite our passion for our ultimate purpose: to find everlasting life.”

On our quest to discover our purpose and live it with courage, pilgrimage can reignite our passion for our ultimate purpose: to find everlasting life. Pilgrimage invites us into a story that is much bigger than ourselves. This experience awakens our “historical imagination” and places our daily lives on the grand stage of eternity. This perspective helps us to reflect more deeply on the consequences of our choices.

Pilgrimage connects us to the community of the faithful, who walk together on this road even if they are separated by centuries. It reminds us that the saints were once people just like us. If we aren't able to make a physical pilgrimage to a place, we can travel there in our imagination. Entering into this meditative “travel” invites us into a deeper experience of God's presence.

Ultimately, pilgrimage invites us on the path of conversion and transformation, which is essential to our growth in the spiritual life, as we learn from the Book of Exodus. We long to see God's face, but for now, we search for His reflection in the world around us.

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## REFLECTION QUESTIONS

1. Have you ever taken a pilgrimage? How did it transform your life? If you haven't taken a pilgrimage yet, is there a place you feel called to visit? Why is this place special to you?
2. Why do you think it is so important for us to experience the humanity of the saints by walking in their footsteps and visiting their tombs?
3. Why is it important for us to sometimes step outside of our ordinary experiences? What does this give us an opportunity to do?

## SUGGESTED READINGS

- Dante Alighieri, *The Divine Comedy*
- Geoffrey Chaucer, “General Prologue,” *The Canterbury Tales*
- The Book of Exodus
- Acts of the Apostles